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# Media Release:

## Miners popping with colour in support of mental health

The Moolarben Coal Maintenance team are proudly wearing their bright and colourful TradeMutt shirts onsite in support of the 'Not weak to speak Wednesday' initiative.

Wednesday is not designed to be the only day that workers speak about mental health, however an awareness day that has been introduced to start the conversation amongst employees.

The shirts are not only bringing a pop of colour to the site, they also have a QR Code inside the top pocket which directs the individual to TIACS (This Is a Conversation Starter) number, which is a free mental health counselling service for them or their family and friends to access.

Moolarben Coal General Manager, Brian Wesley recognised the importance of this initiative onsite.

"The health and well-being of our people is an absolute priority across all our operations.

"When our people wear these shirts, they are making it clear to everyone that they are open to chatting about mental health and taking on the responsibility to act with authenticity, empathy and in a non-judgmental way.

"This is a fantastic initiative that can have a significant positive impact on our people. We hope it not only raises awareness but also encourages important conversations about mental health," said Brian.

TradeMutt is a social impact workwear brand, by tradies for tradies. They make eye-catching workwear designed to start conversations about mental health, helping make an invisible issue impossible to ignore.

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