

 ADDRESS:
 Level 18, 201 Sussex Street, Sydney NSW 2000

 PHONE:
 61 2 8583 5300

 FAX:
 61 2 8583 5399

 WEBSITE:
 www.yancoalaustralia.com.au

16 June 2022

Media Release:

Kup of Kindness offering food relief for local students

Students at Miles State High School have access to a hot nutritious breakfast via the Kup of Kindness program, thanks to a \$4,900 donation from Yancoal Australia's Cameby Downs Coal Mine.

Kup of Kindness provides food and meals for the homeless and disadvantaged within the Chinchilla district and surrounding areas. It assists religious organisations, educational institutions, and community groups.

Research shows that breakfast is one of the most important meals of the day, particularly for growing children. Therefore, with the Kup of Kindness program, Miles State High School students can enjoy a good meal before school, which should have a positive influence on their mental wellbeing.

Ruth Lindsay, President of Kup of Kindness was thrilled with the funding support.

"With an influx of families moving into our town, we have seen an increase in students at Miles State High School who need our vital meal service.

"For the past two years, our volunteers Keith and Rhonda Bruggeman, have enjoyed working with the Miles State High School to create an early morning cafe-style atmosphere where young people can come and eat alongside teachers and staff.

"The students are offered a choice of muffins, cereal, sausage rolls, party pies, fruit, fruit juice and hot chocolate for breakfast. Kup of Kindness also provides 10 full lunches which include a popper, sandwiches, muesli bars, cheese snacks and fruit.

"We are a volunteer run, non-for-profit organisation dedicated to helping the disadvantaged in the community, so we are proud to be the recipient of this donation to help students start their day," said Ruth.

Kup of Kindness operates an Op Shop and food trailer, which conducts one soup kitchen and three breakfast programs in Chinchilla and Miles.

Braedon Gaske, Operations Manager for Cameby Downs Coal Mine recognised the importance of establishing the Kup of Kindness initiative.

"Cameby Downs provided initial financial support to establish the Kup of Kindness food trailer in 2019 and we are proud to continue our assistance so this service can continue supporting the local communities of Chinchilla and Miles.

"Programs like this help build a stronger community and have a long term positive social impact," said Braedon. The funding support is part of the Yancoal Cameby Downs Community Support Program, which aims to make a difference in the community and to the lives of the people who work and live in the areas where it operates.

Since 2004, Yancoal has grown to be one of Australia's largest coal exporters: owning or operating nine producing mines across the country, employing over 4,300 Australians, contributing to the national economy, and investing in regional communities.

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Media contact: Tracy Woodley Email: <u>tracy.woodley@yancoal.com.au</u>;